Allow your horse to **find** boundaries don't bring your boundaries to them

Be aware of your Primary + Secondary focus

Slow it down

Focus on what you can control not what you can't control

Do a little. **Expect** a lot.

Don't do a lot, expecting a little.

Identify Areas that need work

Offer them the **path** of least resistance

Not just always pressure/ release

Be aware of their Primary + Secondary focus

Offer an Alternative

You are here to help

My Philosophy:

How you can help your horse

Legs are the accelerator They are for speed + impulsion - use before a direction tool

> **Reins** are the steering wheel They are for direction, balance + movement

> > Don't say Don't: say "Do this instead"

Guide. Don't rely on driving pressure

Create space / distance

Don't buy into their emotions but be aware of them + where they come from

Strengthen + improve on what they know. What they know will grow.

Don't take it